

NOVEMBER

F.L. MOFFETT MENUS



Questions or Comments?
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 Foodservice General Manager
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Did you know?

The first Thanksgiving lasted three days, and turkey was not the centerpiece of the meal. The feast most likely included foods such as duck, lobster, corn, walnuts, pumpkin, squash, and more!

Fresh Fruit & Vegetable Bar Served Daily!



This institution is an equal opportunity provider.

Monday

Tuesday

Wednesday

Thursday

Friday



Fresh Fruit Selection & Reduced Sugar Cereals Available Daily at Breakfast

5

Breakfast

Eggs/Toast

Lunch

Cheesy Nachos
 Beef Fingers/Roll
 Charro Beans
 Applesauce

6

Breakfast

Breakfast Pizza

Lunch

Spaghetti/Meatballs
 Fish Nuggets/Roll
 Steamed Broccoli
 Fresh Apple

7

Breakfast

French Toast Sticks

Lunch

Hot Dog
 Pepperoni Pizza
 Steamed Carrots
 Fresh Orange

8

Breakfast

Biscuits & Gravy

Lunch

Thanksgiving Turkey
 Fluffy Mashed Potatoes
 Green Beans
 Pumpkin Bars

9

Breakfast

Mini Blueberry Waffles

Lunch

Beef Ravioli / Roll
 Chicken Nuggets/ Roll
 Peppered Sweet Corn
 Fresh Orange

12

Breakfast

Pancakes/Apple Compote

Lunch

Beef Tacos
 Ham & Cheese Sandwich
 Boiled Carrots
 Pineapple Tidbits

13

Breakfast

Honey Chicken Biscuit

Lunch

Chicken Tenders/Roll
 Sun Butter/Jelly Sandwich
 Peppered Broccoli
 Fresh Apple

14

Breakfast

Breakfast on a Stick

Lunch

Beefy Macaroni
 Mini Corn Dogs
 Buttered Green Beans
 Fruit Cocktail

15

Breakfast

Mini Blueberry Waffles

Lunch

Sausage Pizza
 Chicken Sandwich
 Buttered Sweet Corn
 Fresh Orange

16

Breakfast

Breakfast Taco

Lunch

Beef Fingers/Roll
 Grilled Cheese Sandwich
 New England Baked Beans
 Applesauce

19

20



21

HAPPY THANKSGIVING!

22

23

26

Breakfast

Breakfast on a Stick

Lunch

Grilled Chicken Sandwich
 Chicken Nuggets/Roll
 Crinkle Cut Fries
 Applesauce

27

Breakfast

Cheese Omelet/Toast

Lunch

Grilled Cheeseburger
 Turkey/Cheese Sandwich
 Steamed Carrots
 Pineapple Tidbits

28

Breakfast

Breakfast Pizza

Lunch

Cheesy Nachos
 Popcorn Chicken/Roll
 Charro Beans
 Fresh Apple

29

Breakfast

Very Berry Parfait

Lunch

Macaroni & Cheese
 Beef Fingers / Roll
 Steamed Broccoli
 Fruit Cocktail

30

Breakfast

Strawberry Pancakes

Lunch

Spaghetti/ Meatballs
 Mini Corn Dogs
 4 Way Mixed Vegetables
 Fresh Orange

Breakfast Meal Price: FREE

Lunch Meal Price: Pre K: FREE / Kindergarten: Paid \$2.55 / Reduced \$0.40

Adult Meal Price: \$3.55